

MONTEGO BAY CONVENTION CENTRE



BREAKFAST

All Breakfast Selections Include Chilled Orange Juice, Freshly Brewed Coffee, Decaffeinated Coffee and Hot Tea All hot breakfast selections require a 50 person minimum. Under 50 people may be subject to a surcharge.

Continental

Sunrise Continental

An assortment of Danish, Croissants, Breakfast Breads, Muffins, Butter & Preserves, Freshly Cut Island Fruit & Berries

Deluxe Continental

An assortment of Danish, Scones, Muffins, Breakfast Breads and Bagels with Cream Cheese, Butter & Preserves, Natural Yogurt with Granola, Assorted Boxed Cereal with Milk, Freshly Cut Island Fruit & Berries

Tropical Continental

Pineapple and Grapefruit Juices An assortment of Traditional Caribbean Breakfast Breads and Pastries, Butter & Preserves, Natural Yogurts with Coconut & Tropical Muesli, Fresh Cut Tropical Fruits & Berries

Heart Healthy

Assorted Low-Fat Muffins, Natural Yogurt with Granola, Fresh Cut Seasonal Fruit & Berries, Multi-grain English Muffins with Margarine & Preserves and Low Fat Cream Cheese

Buffets

All Buffets Include Assorted Breakfast Pastres with Butter & Preserves, Fresh Cut Seasonal Fruit & Berries.

Farm Fresh

Scrambled Eggs, Wood Smoked Bacon or Sausage and Root Vegetable Hash



Prices are guoted in US dollars and exclude Jamaican Duty, Import Taxes and Gratuity. Prices are based on a 50 person minimum; events with guests lewer than 50 guests maybe subject to a surcharge. Prices are subject to change without notice.

Menu



Jamaican Style

Scrambled Eggs, Ackee and Saltfish, Fried Dumpling and Ripe Plantain, Steamed Callaloo, Grilled Bacon and Toast

Banana French Toast

Banana Stuffed French Toast with Warm Maple Syrup & Tropical Fruit Compote, Wood Smoked Bacon or Sausage and Scrambled Eggs

St. James Morning

Scrambled Eggs, Spiced Corned beef Hash, Sauteed Vegetables with Toast

Heart Healthy

Vegetable Scrambled Egg white, Raw Oatmeal mixed with Low fat Milk, Diced Fresh Tropical Fruits, Toasted Coconut Flakes and honey with Nature Valley Granola Bar and Muesli with Natural Yogurt

Action Station Accompaniments

One Chef Attendant per 50 Guests recommended at \$100 per Attendant.

Pan Cakes

Make you own Homemade Pancakes with Local Spices, Fresh Fruit and Fillinas

Accompanied by: Fresh Fruit Yogurt Sauce, Mango Puree, Maple Syrup, Chopped Nuts and Bee Honey

Caramelized Banana French Toast

Banana Stuffed French Toast Accompanied by: Warm Maple Syrup, Powdered Sugar, Caramel, and Chocolate Sauce

Crab Benedict

Crab Cakes with Poached Eggs on top of Plain or Wheat English Muffin with a Citrus Bearnaise



Prices are quoted in US dollars and exclude Jamaican Duty, Import Taxes and Gratuity. Prices are based on a SO person minimum; events with guests fewer than 50 guests maybe subject to a surcharge.

Prices are subject to change without notice.

Menu



Omelet

Omelets Made-to-Order with a Selection of Wood Smoked Bacon, Ham, Callaloo, Grilled Onions, Peppers, Cheddar and Swiss Cheeses, Tomatoes, Mushrooms and Scotch Bonnet *Chef Attendant Required

Plated Breakfast

All Plated Meals Include Chilled Juice – Orange, Pineapple or Grapefruit, Assorted Breakfast Pastries with Butter & Preserves Tropical Fruit Salad Freshly Brewed Coffee, Decaffeinated Coffee and Hot Tea.

Eggs Benedict

Served with Canadian Bacon or Sautéed Callaloo, Citrus Hollandaise, Root Vegetable Hash

Cinnamon-Brie French Toast Sandwich

Served with Warm Maple Syrup, Wood Smoked Bacon and Sweet Potato Hash

National Breakfast

Ackee and Saltfish, Sauteed Callaloo, Green Banana Fritter and Fried Ripe Plantain

Quiche Lorraine

Served with an Herb Grilled Tomato and Roasted Rosemary Potato Wedges

Breakfast Frittata

Farm Fresh Eggs, Vegetables Greens, Cheddar Cheese, Fresh Herbs, Grilled Red Onion and Roasted Bell Pepper Coulis. Served with Crispy Potato Cakes and Breakfast Sausage. Menu

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Breakfast Enhancements

Per dozen

Fresh Fruit Breakfast Breads

Bagels with Cream Cheese, Butter & Preserves

Assorted Muffins

Assorted Jamaican Pastries

Filled Croissant Assortment

Croissant or English Muffin Sandwiches Filled with Scrambled Eggs & Cheddar Cheese (2 doz minimum per type)

Add your choice of: Country Ham, Wood Smoked Bacon, Turkey Bacon or Sausage (2 doz minimum per type)

Beef, Chicken or Vegetable Patties (2 doz minimum per type)

